

Adams Football Shoulder Pads Size Chart

Adams Youth Football Shoulder Pads Size Chart			
Product ID	Size	Inside Shoulder Width (inches)	Weight
ASP-4060	3XS	10" - 11"	40 - 60 lbs.
ASP-6080	2XS	11" - 12"	60 - 80 lbs.
ASP-80100	XS	12" - 13"	80 - 100 lbs.
ASP-100120	S	13" - 14"	100 - 120 lbs.
ASP-120140	M	14" - 15"	120 - 140 lbs.
ASP-140160	L	15" - 16"	140 - 160 lbs.
ASP-160180	XL	16" - 17"	160 - 180 lbs.

Adams Football Girdles Size Chart

Adams Youth Football Girdles Size Chart	
Size	Waist (inches)
S	20" - 22"
M	24" - 26"
L	28" - 30"
XL	32" - 34"
2XL	36" - 38"

The Adams Football Shoulder Pads Size Chart and the **Adams Football Girdles Size Chart** show the sizes for Adams Youth Football Shoulder Pads. The information on these size charts comes primarily from the manufacturer, and we are providing these size charts as a means of helping you make the best choice possible when selecting your product.

To measure for shoulder width, measure between the player's shoulder blades while he holds up both arms.